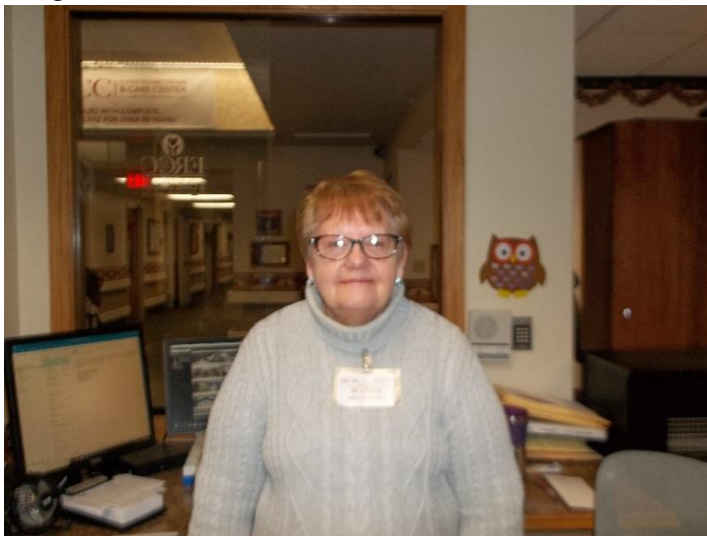


January Employee of the Month

Wanda Shipman, Switchboard Supervisor, was chosen as the employee of the month for January, 2019. She is the mother of three, two boys and one girl. She came to ERCC as a CNA in December of 2011 and became Switchboard Supervisor in 2012. She stated "I enjoy interacting with the residents and staff." Some of her hobbies include walking, sewing, and baking. Congratulations, Wanda!



Wanda Shipman, Switchboard Supervisor

February Birthdays for Residents

| | |
|--------------------|-------------------|
| Lena Alexander | Sally Armentrout, |
| Virginia Cappadony | Irene Eppler, |
| Hubert Evans, | Patricia Hanlin, |
| Mildred Hannan | Hazel Hanger |
| Lindsey, Kenney | Dorothy Layne |
| Leona Daniels | |

Celebrating 104th Birthday



Mary Jane Davidson, ERCC resident

Mary Jane Davidson was born into a family of 18. She has been a resident of ERCC since Jan. 30, 2009. She celebrated her 104th birthday on Friday, January 18, 2019 with staff and other residents. She also had family to visit with her as well.



Residents Cooking Hour January 11, 2019



On January 11th at 2pm in the activity room the residents had their cooking hour making a variety of Calzones. Eleven residents and three staff members participated. They have cooking hour at least twice a month. The residents vote in resident council the month before what activities they want to do including cooking, dining in/out, dinner and movie, luncheon etc.



New Hire for January

Welcome to our facility Brandi L. Eye, LPN.

Activity Professional Week Jan. 20 thru Jan. 26, 2019



Our activity staff members enrich the lives of our residents every day. They strive to promote the well-being of the residents throughout the year with several activities. Our residents also have the opportunity to select what activity they would like to do.

This was submitted to us by one of our residents, (L. West). Sounds like good qualities everyone could grow in.



FAMILY VALUES



- *Less judging, more Forgiving
- *Less Complaining, more Thanking
- *Less Criticizing, more Complimenting
- *Less insulting, more Praising
- *Less finding fault, more Looking for good
- *Less Looking for wrong, more Looking for right
- *Less Punishing, more Rewarding
- *Less Sadness, more Joy
- *Less impatience, more Tolerance
- *Less Trouble-making, more Peacemaking
- *Less Cruelty, more Kindness
- *Less Selfishness, more Generosity
- *Less untrustworthy, more Faithfulness
- *Less Hardness, more Gentleness
- *Less Chaos, more Order
- *Less Reactionary, more Self-Control
- *Less Despairing, more Hopefulness
- *Less Darkness, more Light
- *Less Taking, more Giving
- *Less Doubting, more Believing
- *Less Skepticism, more Faith
- *Less Hating, more Loving.



Members of our activity department include from left to right; First row: Elicca Sycaloose, Transportation Aide/CNA, Donna Jones—Director; Second row: Marsha Arbogast—Act. Aide/CNA, Michelle Warner—Activity Aide/CNA, Stefanie Phillips—Activity Aide/CNA Kim Phillips—Activity Aide/CNA and Ruby Ware—Activity Assistant. Not pictured: Lindsey Marquis—Activity Aide/CNA

***See attached flyer regarding residents' participation in a service project. They made cards and colored pictures and turned into Kali Elza to distribute to Walter Reed National Military Medical Center to express gratitude.

♥ Happy Valentines Day ♥